

LUNCH

Hot Sandwiches

GRILLED CAPRESE	\$6.50
<i>Provolone, mozzarella, tomato and fresh basil on panini-grilled ciabatta.</i>	
HAM & SWISS	\$6.50
<i>Generous portion of hickory smoked ham, Swiss, hot mustard, lettuce and tomato melted on panini-grilled ciabatta.</i>	
JANE'S FAVORITE	\$8.00
<i>Aged cheddar, avocado, roasted red pepper, spinach, and garlic mayo panini-grilled on whole grain.</i>	
ROAST TURKEY	\$8.25
<i>Aged white cheddar melted with roast turkey, spinach and caramelized onions on panini-grilled multigrain.</i>	
TURKEY ARTICHOKE	\$8.50
<i>Smoked turkey, spinach, mozzarella, and our own artichoke parmesan sauce on panini-grilled ciabatta.</i>	

GRILLED CHEESE	\$9.00
<i>Swiss and cheddar cheeses, bacon and tomatoes grilled on multigrain.</i>	
SUMMER SAUSAGE SANDWICH	\$8.50
<i>Panini grilled, pan fried summer sausage with fried onion & cheddar cheese, on ciabatta.</i>	
CHICKEN CHIPOTLE	\$10.00
<i>Grilled chicken, chipotle, avocado, bacon and cheddar on toasted ciabatta with sweet potato fries.</i>	
AHI TUNA	\$11.00
<i>Ahi Tuna with soy and ginger glaze, wasabi mayonnaise and slaw. Served on toasted ciabatta.</i>	
RIBEYE SANDWICH	\$13.00
<i>Grilled ribeye steak, Gorgonzola butter, roasted tomatoes and spinach served on toasted ciabatta with sweet potato fries.</i>	

Fresh Deli Sandwiches

BUILD-YOUR-OWN Large **\$7.25** Small **\$5.50**

Create your own deli sandwich by selecting from each category. Add avocado, \$1.00 or add bacon, \$2.50.

BREAD	MEAT	CHEESE	VEGGIES	TOPPING
French Baguette	Roast Beef	Provolone	Red Onion	Mayo
Multigrain	Roast Turkey	Havarti	Cucumbers	Balsamic Vinaigrette
Ciabatta	Smoked Turkey	Mozzarella	Lettuce	Red Wine Vinegar
	Ham	Cheddar	Spinach	Dijon Mustard
			Tomatoes	Hot Mustard
			Bell Peppers	Pesto
				Garlic Mayo
				Chipotle Sauce
				Honey Mustard

ASK ABOUT OUR
Daily Desserts

Pizzas

9" or 14" size available

CLASSIC	\$8.00 \$14.00
<i>Italian sausage, onion, & mozzarella cheese.</i>	
THAI CHICKEN	\$8.00 \$14.00
<i>Chicken breast, sweet carrots, mozzarella, water chestnuts and scallions with a Thai peanut sauce.</i>	
MEDITERRANEAN	\$8.00 \$14.00
<i>Kalamata olives, roasted bell peppers, feta, red onion, tomatoes & fresh basil.</i>	
SAUSAGE ONION	\$8.00 \$14.00
<i>Sausage, caramelized onion, spinach, garlic oil, & cracked pepper.</i>	
FRESH FIG & GOAT	\$10.00 \$16.00
<i>Fig, goat cheese, and pine nuts, with a balsamic glazed crust.</i>	
PEAR GORGONZOLA	\$10.00 \$16.00
<i>Pear, Gorgonzola, and walnuts, with a balsamic glazed crust.</i>	
POTATO & OLIVE	\$9.00 \$15.00
<i>Olive tapenade base with rosemary roasted potatoes and Gorgonzola cheese.</i>	
WILD MUSHROOM	\$10.00 \$16.00
<i>Wild Mushroom and Les Frerés cheese.</i>	
CHICKEN PESTO	\$10.00 \$16.00
<i>Grilled chicken, pesto, mozzarella, arugula, and sundried tomato.</i>	
SPANISH GOAT	\$10.00 \$16.00
<i>Chorizo, fennel, spinach, bell pepper and goat cheese.</i>	

Sides

HUMMUS & PITA CHIPS	\$4.50
<i>Homemade hummus and spicy pita chips.</i>	
GOURMET CHIPS	\$1.25
<i>Made in Wisconsin.</i>	
BREAKFAST POTATOES	\$2.50
STEAK FRIES	\$3.00
SWEET POTATO FRIES	\$3.00

Sweets

JUMBO COOKIES	\$2.10
<i>Some of our favorites include our Peanut Butter, Chocolate Chip and Chocolate Toffee.</i>	
BARS	\$3.25 half \$2.00
<i>Some of our favorites include Carmelita Bars, Brownies, and Heavenly Bars.</i>	

PIZZA
EXTRAS

Grains

OATMEAL	\$6.00
<i>Steel cut oats, organic maple syrup, walnuts, brown sugar and dried cherries.</i>	
GRANOLA	\$5.50
<i>Our own granola with seasonal fresh berries and yogurt.</i>	
BREAKFAST COOKIE	\$3.50
<i>Wheat germ, almonds, dried cherries and crunchy grape nuts ... energy in a cookie!</i>	
WHOLE GRAIN TOAST	\$2.00
BRIOCHE FRENCH TOAST	\$9.00
<i>Dipped in egg wash and grilled with maple pears.</i>	
PANCAKES	\$5.00
<i>Three buttermilk pancakes (homemade from scratch) served with pure maple syrup.</i>	

Eggs

QUICHE	\$6.75
<i>Quiche-of-the-day.</i>	
EGGS	\$4.75
<i>Two eggs, any style with toast.</i>	
<i>One egg, any style with toast.</i>	
SIDE OF HAM OR BACON	\$2.00
KITA SCRAMBLE WRAP	\$7.00
<i>Roasted potato, red pepper, and onion, scrambled with three fresh eggs and cheddar cheese wrapped in a warm tortilla. Served with fresh pico de gallo and sour cream.</i>	
EGG SANDWICH	\$8.00
<i>Egg, bacon, and cheese on grilled Ciabatta bread with breakfast potatoes.</i>	
BREAKFAST PIZZA	\$9.00
<i>Scrambled eggs, Chorizo, black bean salsa, and cheddar cheese on our pizza crust.</i>	
BREAKFAST STACK	\$8.00
<i>Open faced sandwich on Ciabatta, fried hard egg, gouda, chipotle sauce, avocado and ham.</i>	
WEEKEND SPECIALS	

Morning Breads

Baked with the highest quality ingredients available, our daily items vary, please check deli case for availability.

MUFFIN	\$2.00
SCONE	\$3.00

Soups

All soups are made fresh daily. Add 6 oz. Soup or Chili to any sandwich or salad, \$2.00.

CHILI AND SOUP-OF-THE-DAY	
8oz \$3.75	12oz \$4.75
16oz \$6.25	32oz \$9.50
SOUP & HALF SANDWICH	\$7.25
<i>6 oz soup with half build-your-own deli sandwich (sorry, no wraps)</i>	
SOUP & HALF HOUSE SALAD	\$7.25
<i>6 oz soup (sorry, no substitutions)</i>	

Salads

Dressings made in-house. Ask about our daily salad specials.

HOUSE SALAD	full order \$7.50	1/2 order \$5.00
<i>Crisp romaine, cucumber, red bell pepper, feta, red onion, croutons and balsamic vinaigrette. Add hummus and kalamata olives, \$1.25.</i>		
PEAR GORGONZOLA SALAD	\$5.75	
<i>Fresh baby greens tossed with ripe pears, Gorgonzola cheese, candied walnuts, and a mustard vinaigrette.</i>		
CRANBERRY FETA SALAD	\$9.00	
<i>Fresh baby greens tossed with roast turkey, feta, dried cranberries, pecans and a mango balsamic vinaigrette.</i>		
STRAWBERRY SALAD	\$9.00	
<i>Fresh baby greens tossed with honey toasted hazelnuts, sliced berries and feta cheese. Drizzled with strawberry balsamic dressing. (Best in-season)</i>		
CHINESE CHICKEN SALAD	\$10.00	
<i>Napa cabbage slaw and cucumbers tossed in a rice wine vinaigrette, grilled marinated chicken, and sesame noodles drizzled with peanut-tahini-ginger dressing.</i>		
GRILLED TENDERLOIN SALAD	\$11.00	
<i>Grilled beef tenderloin, roasted veggies, Gorgonzola dressing and croutons on a bed of greens.</i>		

Cold Sandwiches

All sandwiches are served on five-grain, French baguette bread baked fresh by Wild Carrot Cuisine (unless otherwise specified). Add a house side salad to any sandwich for \$3.25.

MUFFALETTA	\$8.25	half \$6.00
<i>Italian hams and salami, provolone cheese, olive tapenade and Italian peppers, served on a baguette.</i>		
TURKEY AVOCADO FRENCH BAGUETTE	\$8.25	half \$6.00
<i>Turkey, lettuce, tomato, avocado, red onion and red pepper aioli, served on a baguette.</i>		
BLTA		\$8.50
<i>The classic stepped up with avocado, Miesfeld's bacon on whole grain toast.</i>		

Wraps

ASIAN GLAZED CHICKEN WRAP	\$9.00
<i>Diced chicken breast, water chestnuts, scallions, and carrots in a sweet and spicy Asian sauce, with lettuce wrapped in a soft tortilla. Served with a wasabi dipping sauce.</i>	
SMOKED TURKEY WITH CHIPOTLE MAYO WRAP	\$8.00
<i>Smoked turkey, our own spicy chipotle sauce, fresh tomatoes, lettuce and roasted bell peppers.</i>	
GRILLED VEGGIE WRAP	\$8.00
<i>Grilled fresh zucchini, peppers, mushrooms, lettuce, Gorgonzola and red pepper mayo. Served warm.</i>	
ASIAN ROASTED VEGGIE WRAP	\$9.00
<i>Spicy apricot sauce, basmati rice with roasted zucchini, edamame, mushrooms, onion, bell peppers, and pea pods. Add roasted shrimp, \$3. Served warm.</i>	
MEDITERRANEAN ROASTED VEGGIE WRAP	\$8.00
<i>Roasted eggplant, zucchini, red bell peppers, red onion, artichoke, fennel, and greens with a zippy Mediterranean feta sauce. Served warm. Add roasted turkey, \$1.50.</i>	